



**National
Wellness
Institute**

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NWC 40th Anniversary Celebration!

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“Celebrate Wellness” at the NWC 40th Anniversary Celebration!

Monday, June 15, 5:30 p.m.

Learn about the history of wellness and hear visions for the future during the “Legacy and Vision” presentation. Throughout the evening, enjoy food, community-building, an energizing concert by Jama Stanfield, and a festive atmosphere worthy of this special occasion. The Celebration is included with Main Conference registration; however, you must reserve a ticket during registration.



Celebrate Wellness!
NWC 2015

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3/19/2015
NWI WEBINAR: 7 Things Wellbeing Leaders Do Differently

3/27/2015 - 3/30/2015
Worksite Wellness Certification Programs-Phoenix, AZ

4/22/2015
NWI WEBINAR: Thinking Differently About Dieting

6/13/2015 - 6/18/2015
2015 National Wellness Conference

6/13/2015 - 6/16/2015
Worksite Wellness Certification Programs-NWC, Minneapolis, MN

Legacy and Vision: Seven Pioneers of the Wellness Movement Share Their Wisdom, Experience, and Hopes for the Future

Revisit how the wellness movement began, evolved, and took detours from the original vision of Halbert Dunn, MD, in the 1950s. See how dimensions of wellness—physical, emotional, social (including environmental), spiritual, intellectual, and occupational—guided the movement toward one of continuous learning and life-affirming behaviors. Sharing their personal and professional wellness journeys, seven wellness pioneers will inspire and challenge participants to carry the future of wellness to a higher level.

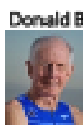
Presenters:



R. Anne Abbott, PhD, FAACVPR, CWWPM
Professor Emeritus in Health Promotion and Wellness, University of Wisconsin-Stevens Point



John W. Travis, MD, MPH
Founder, Wellness Associates; Adjunct Professor, Wellness Program, Royal Melbourne Institute of Technology, Australia



Donald B. Ardell, PhD
Publisher, *Ardell Wellness Report*



Jennie C. Trotter, M.Ed.
Founder & Executive Director, Wholistic Stress Control Institute



Bill Hettler, MD
President, Hettler Dot Com
Co-Founder, National Wellness Institute



Craig S. Washington, Ed.D., LMT
Retired
Certified Wellness Practitioner



Elaine M. Sullivan M.Ed., LPC/LMFT
Emeritus Board Member, National Wellness Institute